

## Invicta Health CIC A systemic approach to managing risk 2019

LESSON PLAN					
<b>Client Group</b>	Health and Social Care Professionals of any occupation up to a group of 20				
<b>Trainers</b>	Approved Mental Health Practitioners Systemic Family Therapist	<b>Date</b>	May-Sept 2019	<b>Location</b> Clients Site	<b>Course Duration</b>
<b>Subject</b>	A Systemic approach to managing risk	<b>Time</b>	0930-1600	<b>Duration</b>	5 hours 15 minutes not including lunch break and two comfort breaks
<b>Room Set Up</b>	– Ideally students will sit around four large round tables in groups of five. They will have been able to choose where they sit, but the chairs will be placed at the tables in such a way that students are able to face the front at all times and still have the table in front or beside them. At the front of the room will be a projector, white board and flip chart for the trainers. We would need the ability to stream videos				
<b>Aims</b>	<p><b>Course Outcomes:</b></p> <ol style="list-style-type: none"> <li>1. Have an understanding of managing clinical risk               <ul style="list-style-type: none"> <li>➤ Duties and responsibilities</li> <li>➤ Conducting efficient risk assessments (in 4 stage structured risk assessment)</li> <li>➤ Formulation of Risk</li> <li>➤ Record keeping</li> </ul> </li> <li>2. Apply effective tools within their team setting to manage “risky patients”</li> <li>3. Apply acquired knowledge on the relationship between mental health and emotional resilience, drug and alcohol abuse as well as mental health and work place stress, fight/flight response and other factors.</li> <li>4. Explain the characteristics or symptoms of various mental health conditions including personality disorders, DSH and suicide and how these influence risk management plans.</li> <li>5. Formulate crisis contingency plans and risk management plans in collaboration with Service Users and others.</li> <li>6. How to use legislation in managing clinical risk (MHA ‘83/07, MCA’05 and DoLS)</li> <li>7. Implement recommended de-escalation techniques to provide suitable support to those in crisis or distress including signposting to relevant organisations.</li> <li>8. Demonstrate knowledge of suicide facts</li> </ol>				

Draft LESSON PLAN 004321/AH EH JW – 14<sup>th</sup> March 2019

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